



TWINKLE

Problem solving attitude, Good counseling Skills, Positive thinker

 9817099544

 twinklesagar52@gmail.com

Experience

Vatican Educational institutions
2020 - 2022

Academic Counselor

Counseling students according their academic performance and suggestions comparative courses and advice for their future. Handle a team of 10 members and maintain time table and schedule for institution.

Kendriya Vidyalaya
2022 - 2023

Counselor

Counseling students for their academic, problem (Depression, Exam Stress Management, Anxiety and Agression, Sleep cycle)
One -one-one counseling, Group counseling

Education

Maharishi Dayanand University, Rohtak
2018 - 2020

Masters in Applied Psychology

Study various area of human behaviour, their problems, Classification of disorders. Applied Practical knowledge with various test and assignment. Work on mini thesis of comparative study school adjustment urban and rural study.

Maharishi Dayanand University, Rohtak
2015 - 2018

Bachelor in Arts

Bachelor in Geography, Psychology, English & Hindi with Distinction. Study various area of geography and psychology. Work on mini thesis of geographical study of a village.

Maharishi Dayanand University, Rohtak
2021 - 2022

Diploma In Guidance And Counseling

Specialization in Guidance and counseling with child and adult. Work on various techniques for counseling, psychological problem. (Depression, Agression, OCD, Mania , Schizophrenia etc)

Navodaya Vidyalaya School, Rohtak
2015 -

CBSE 12th (Medical)

Specialization in Medical (Physics, Chemistry, Biology) passing with 91%

Navodaya
Vidyalaya School,
Rohtak
2013 -

CBSE 10th

Hindi , English, Social science, Mathematics, Science passing with A grade

Projects

Adjustment
Among Post
Graduate
- 2019

Adjustment in Various Area

Using inventory for comparative study of male and female of postgraduate students in university.

Other Info

Skills

Soft spoken, Creative Thinker,
basic computer knowledge

Languages

English, Hindi

Interest

Music, Travelling,